



The Early Years Centre Nursery Intimate Care & Toileting Policy

2022 - 23

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Review period | Annually

Lead Reviewer(s) | Nursery Manager



“Empowering students to aspire, create and excel in the world that is, so they can help create the world that will be”



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Introduction

At GEMS Wellington Academy, Al Khail, we are committed to safeguarding and promoting the welfare of children within our Nursery. We are committed to ensuring that all staff responsible for intimate care of children will undertake their duties in a professional manner at all times. The Intimate Care and Toileting Guidelines regarding children have been developed to safeguard children and staff. At The Early Years Centre Nursery, staff are trained in safeguarding policies and procedures annually and additional intimate care training is given to Nursery staff.

Intimate care is any care which involves washing or carrying out an invasive procedure (such as supporting a child with cleaning themselves up if they have soiled themselves or changing nappies).

Aims and Objectives

These guidelines aim:

- To provide guidance and reassurance to staff and parent/s.
- To safeguard the dignity, rights and well-being of children.
- To ensure that there is a consistent approach from all teaching staff in the Nursery.

At our Nursery, we are aware that children will be at different stages with their toilet training journey, and we will positively support to enable students to achieve this. Some of our children come to our setting in nappies. We support children sensitively and with dignity in this matter. Also, from time to time, some children will have accidents and need to be attended to. The following policy outlines the expectations from parents and staff to ensure the dignity, rights and well-being of the children.



What the Nursery expects of parents:

- Parents/carers to complete the 'Toileting Information' form at the end of this policy and to update staff throughout the year if there are changes in your child's toileting schedule.
- Parents/carers will discuss any specific concerns with staff about their child's toileting needs.
- **Parents/carers must provide nappies, wet wipes** and cream, if applicable, if your child is not toilet trained.
- Parents/carers agree that Nursery staff can provide intimate care to their child, including changing nappies and changing clothes following safeguarding best practice (information below).
- Should the child be receiving medication for any toileting issues (constipation, diarrhea) they will not attend school until the situation is resolved. Children should not attend Nursery for 24 hours after the last incident of sickness or diarrhea.
- Parents/carers agree that any soiled clothing will be double-bagged and returned to parents at the end of the day.
- Parents/carers agree that if parents have not provided nappies or wet wipes on any given day then staff will use Nursery supplies, which may not be your child's usual brand.
- Parent/carers must ensure their child has a **spare pair of clothes with them each day**. Please expect that we may ask for more spare clothing depending on your child's stage of toilet training.
- **Parents commit to encouraging their child in becoming toilet independent** and work closely with the Nursery Team to support the transition time. Close to the transition time, children should wear pull-up so they are able to already get familiar with toileting routines before a nappy change. Children should not wear 'onesies' to support their independence with dressing and undressing during toileting.

Signs when children are ready to become toilet independent:

- they know when they have got a wet or dirty nappy
- they begin to know when they are urinating and may tell you they are doing it
- the gap between wetting is at least an hour
- they show they need to urinate by fidgeting or going somewhere quiet or hidden
- they know when they need to urinate and may say so in advance



What the Nursery expects of staff:

- For children in nappies, Nursery staff will wear disposable aprons and gloves while changing the child on a changing table in the toileting area with the door ajar, ensuring another member of staff is in the classroom nearby.
- When changing a nappy, disposable gloves and aprons will be worn and children's skin will be cleaned with a disposable wipe/creams if needed, which are provided by parents/carers.
- Nappies and 'pull ups', gloves, aprons and wipes are disposed of hygienically and safely, they are placed in nappy bags and disposed of immediately in the internal/external bins provided by the Nursery.
- For toilet-trained children, staff will not routinely spray or wipe children but will encourage independent and correct use of tissue and hoses in the bathroom. Staff will use props (such as a doll) to demonstrate to the child the best way for the child to clean themselves.
- Staff will encourage children to go to the toilet independently during the school day.
- There will be set times throughout the day where students will be asked to use the bathroom.
- Staff will support parents during the transition from needing diapers to using the toilet by planning more frequent toilet breaks into the daily routines.
- Staff will assist where necessary if a child should be changed into fresh clothing.
- Staff should wear gloves and aprons if assistance in changing and toileting is needed.
- If a student requests to use the toilet, they will be allowed.

We work closely with parents/carers forming partnerships to identify and ensure we meet each child's needs, reviewing these regularly through the class teacher communication systems in place at Nursery. Cultural and religious values are respected when planning and we seek to engage in regular communication with parents and monitor and review the plan together.

It is essential that parents/carers recognise they are responsible for any toilet training/changing routines for their child. Our teaching/support staff will support with the training if preferences and progress are shared between parents and staff.



I / we confirm that I/we have read and accept the above policy. (Edit accordingly)

Child's Name: _____ (Print Name)

Parent Signature: _____ (Signature required)

Date: _____



Nursery Toileting Information

To be completed by parents if your child is currently using nappies.

Name of child:

Please outline below any special requests you have regarding your child's toileting and intimate care:

Thank you for the information. Please ensure to keep your child's teacher updated throughout the year if there are any changes to your child's toileting and intimate care needs.

Please note: All nappies, wet wipes and creams must be provided for your child.